



## ORGANISING STYLES

# Minimalist

Emotionally, the minimalist often feels overwhelmed by visual or physical clutter. A minimalist, hidden-away approach helps create a sense of calm and control, reducing mental load. This style suits those with busy lifestyles who need their home to feel like a sanctuary.

### Visibility

Prefers items to be hidden out of sight to create a calm, clutter-free environment.

### Categorisation

Favour broad, simple categories, such as “tools,” “stationery,” or “clothes.”

### Maintenance

Prefers quick and easy low-maintenance systems for tidying, finding detailed filing or folding of clothing too effortful.

**How I Can Help:** I’ll create simple, fuss-free systems that require minimal time to maintain while keeping hidden spaces functional and clutter-free.